

## APPENDIX V

### FINA FIGURE GROUPS 2005-2009

#### Senior Figures DD

##### COMPULSORY:

|    |     |                                 |     |
|----|-----|---------------------------------|-----|
| 1. | 150 | Knight                          | 3.1 |
| 2. | 314 | Kip Split Open 360 <sup>0</sup> | 3.2 |

##### OPTIONAL GROUPS

###### Group 1:

|    |      |   |     |
|----|------|---|-----|
| 3. | 435e | Nova Spin 360 <sup>0</sup>                  | 2.5 |
| 4. | 140h | Flamingo Bent Knee Spin Up 180 <sup>0</sup> | 2.7 |

###### Group 2:

|    |      |                               |     |
|----|------|-------------------------------|-----|
| 3. | 336  | Gaviata Open 180 <sup>0</sup> | 2.8 |
| 4. | 112f | Ibis Continuous Spin          | 2.8 |

###### Group 3:

|    |      |                 |     |
|----|------|-----------------|-----|
| 3. | 323  | Subilarc        | 3.1 |
| 4. | 240c | Albatross Twirl | 2.7 |

###### Group 4:

|    |      |                                      |     |
|----|------|--------------------------------------|-----|
| 3. | 330c | Aurora Twirl                         | 3.0 |
| 4. | 305c | Barracuda Somersault Back Pike Twirl | 2.8 |

#### Junior Figures

##### COMPULSORY:

|    |      |                          |     |
|----|------|--------------------------|-----|
| 1. | 355f | Porpoise Continuous Spin | 2.4 |
| 2. | 128  | Eiffel Walk              | 2.8 |

##### OPTIONAL GROUPS

###### Group 1:

|    |      |                                  |     |
|----|------|----------------------------------|-----|
| 3. | 301c | Barracuda Twirl                  | 2.6 |
| 4. | 330d | Aurora Spinning 180 <sup>0</sup> | 2.6 |

###### Group 2:

|    |     |           |     |
|----|-----|-----------|-----|
| 3. | 312 | Kip Split | 2.4 |
| 4. | 322 | Subalina  | 2.3 |

###### Group 3:

|    |      |                                 |     |
|----|------|---------------------------------|-----|
| 3. | 118  | Helicopter                      | 2.6 |
| 4. | 342e | Heron Spinning 360 <sup>0</sup> | 2.3 |

###### Group 4:

|    |      |            |     |
|----|------|------------|-----|
| 3. | 435c | Nova Twirl | 2.8 |
| 4. | 347  | Beluga     | 2.3 |

#### Age Group 16-17-18

##### COMPULSORY:

|         |                          |     |
|---------|--------------------------|-----|
| 1. 355f | Porpoise Continuous Spin | 2.4 |
| 2. 128  | Eiffel Walk              | 2.8 |

**OPTIONAL GROUPS**

**Group 1:**

|         |                                  |     |
|---------|----------------------------------|-----|
| 3. 301c | Barracuda Twirl                  | 2.6 |
| 4. 330d | Aurora Spinning 180 <sup>0</sup> | 2.6 |

**Group 2:**

|        |           |     |
|--------|-----------|-----|
| 3. 312 | Kip Split | 2.4 |
| 4. 322 | Subalina  | 2.3 |

**Group 3:**

|         |                                 |     |
|---------|---------------------------------|-----|
| 3. 118  | Helicopter                      | 2.6 |
| 4. 342e | Heron Spinning 360 <sup>0</sup> | 2.3 |

**Group 4:**

|         |            |     |
|---------|------------|-----|
| 3. 435c | Nova Twirl | 2.8 |
| 4. 347  | Beluga     | 2.3 |

**Age Group 13-14-15**

**COMPULSORY:**

|        |                     |     |
|--------|---------------------|-----|
| 1. 346 | Side Fishtail Split | 2.0 |
| 2. 140 | Flamingo Bent Knee  | 2.4 |

**OPTIONAL GROUPS**

**Group 1:**

|         |                  |     |
|---------|------------------|-----|
| 3. 345  | Catalina Reverse | 2.1 |
| 4. 311c | Kip Twirl        | 2.3 |

**Group 2:**

|         |   |     |
|---------|---|-----|
| 3. 306d | Barracuda Bent Knee Spinning 180 <sup>0</sup> | 2.1 |
| 4. 423  | Ariana  | 2.2 |

**Group 3:**

|         |                                    |     |
|---------|------------------------------------|-----|
| 3. 401  | Swordfish                          | 2.0 |
| 4. 355e | Porpoise Spinning 360 <sup>0</sup> | 2.1 |

**Age Group 12 and under****COMPULSORY:**

|        |                |     |
|--------|----------------|-----|
| 1. 360 | Walkover Front | 2.1 |
| 2. 301 | Barracuda      | 2.0 |

**OPTIONAL GROUPS****Group 1:**

|        |                   |     |
|--------|-------------------|-----|
| 3. 355 | Porpoise          | 1.9 |
| 4. 101 | Ballet Leg Single | 1.6 |

**Group 2:**

|        |           |     |
|--------|-----------|-----|
| 3. 401 | Swordfish | 2.0 |
| 4. 344 | Neptunus  | 1.8 |

**Group 3:**

|        |           |     |
|--------|-----------|-----|
| 3. 311 | Kip       | 1.8 |
| 4. 324 | Ballerina | 2.0 |